FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANGES	S IN BENEFICIA	L OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-028								

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	Check this box if no longer subject to
١	Section 16. Form 4 or Form 5
ı	obligations may continue. See
	Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

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1. Name and Address of Reporting Person* Abbe Richard						2. Issuer Name and Ticker or Trading Symbol FORM Holdings Corp. [FH]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
ADDE RICHARU					X									Direc	ctor		10% (Owner		
(Last) (First) (Middle) C/O IROQUOIS CAPITAL MANAGEMENT LLC						3. Date of Earliest Transaction (Month/Day/Year) 09/16/2016									Office below	er (give title w)		Other below	(specify)	
205 EAST 42ND STREET - 20TH FLOORR				4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)							
(Street) NEW YORK NY 10017												X	Form filed by One Reporting Person Form filed by More than One Reporting Person							
(City)	(St	ate) (Zip)																	
		Tabl	e I - No	on-Deriv	ative	Sec	uritie	s Ac	quired	l, Dis	posed o	f, or B	enefic	ially	Owne	ed				
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day					Execution Date,		Date,	Transaction Dispos Code (Instr.			ities Acquired (A) o			Securit Benefic Owned	5. Amount of Securities Beneficially Dwned Following Reported		n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
								Code	v	Amount	(A) or (D) Price		•	Transa	ction(s) s and 4)			(111341. 4)		
Common Stock 09/16/20					2016	016		P		21,600	A \$2.6		5367	7 212,725			T I	See footnote ⁽¹⁾		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)			Transaction Code (Instr.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Exerc ion Da /Day/Y		7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		Der Sec (Ins	rice of ivative curity tr. 5)	ative derivative rity Securities	Owner Form: Direct or Ind (I) (Ins	Ownership	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	Amount or Number of Shares							

Explanation of Responses:

1. These securities are held by Iroquois Master Fund Ltd. (the "Fund"). Mr. Abbe is a member of Iroquois Capital Management L.L.C, who has the authority and responsibility for the investments made on behalf of the Fund and as such may be deemed to be the beneficial owner of all shares of common stock held by the Fund. Mr. Abbe disclaims beneficial ownership of these securities except to the extent of his pecuniary interest therein, and the inclusion of these shares in this report shall not be deemed an admission of beneficial ownership of all of the reported shares for purposes of Section 16 or for any other purpose.

/s/ Richard K. Abbe

09/19/2016

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.