FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 205	49
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STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

2. Issuer Name and Ticker or Trading Symbol

1	UMB APPRO	IVAL							
	OMB Number:	3235-0287							
	Estimated average burden								
1	hours per response:	0.5							

5. Relationship of Reporting Person(s) to Issuer

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

1. Name and Address of Reporting Person

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Bernstein Bruce					FORM Holdings Corp. [FH]								Director	10% Ow	% Owner			
	M HOLDII	NGS CORP.,	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 12/03/2015 Officer (give title below) below) Other (specify below)										pecify		
780 THIRD AVENUE, 12TH FLOOR				4.	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable					
(Street) NEW YO	RK N	Y	10017										Line)	Form file	ed by One F			ng
(City)	(St	ate)	(Zip)															
		Та	ıble I - N	on-De	rivati	ve Se	curities	Ac	quire	d, Di	sposed o	f, or Ber	neficially	Owned				
Da		2. Trans Date (Month/		ar) Ex	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and			5. Amount Securities Beneficiall Owned Fo	y F	Form: Direct II D) or Indirect E I) (Instr. 4) C		7. Nature of ndirect Beneficial Ownership		
									Code	v	Amount	(A) or (D)	Price	Reported Transactio (Instr. 3 an	n(s) d 4)		(In	str. 4)
Common Stock			12/0	3/2015	5			A		2,500	A	\$3.16	2,50	00	D	D		
Common Stock		12/2	23/2016				A		258,712	A	\$0(1)(2)	293,3	302			ee ootnote ⁽⁶⁾		
Common Stock			01/2	0/2017	7			A		84,243	A	\$2.31(1)(2)	377,5	545			ee ootnote ⁽⁶⁾	
			Table II								posed of, convertib			Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Date Executio	Date,	4. Transa Code (8)		5. Number Derivative Securities Acquired or Dispos of (D) (Ins 4 and 5)	(A) ed	Expiration I (Month/Day		ate	7. Title an of Securit Underlyin Derivative (Instr. 3 a	g Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)	ly Di or	wnership orm: rect (D) Indirect (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exerc	isable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4))11(3)		
Series D Convertible Preferred Stock	\$6	12/23/2016			A		51,203 ⁽³⁾		12/23	/2016	(3)	Common Stock	409,624	\$0 ⁽¹⁾⁽²⁾	54,640		I	See Footnote ⁽⁶⁾
Warrant	\$3	12/23/2016			A		258,712		12/23	3/2016	12/23/2021	Common Stock	258,712	\$0 ⁽¹⁾⁽²⁾	276,074	4	I	See Footnote ⁽⁶⁾
Stock Option	\$2.12	01/17/2017			A		85,000		(4	4)	01/17/2027	Common Stock	85,000	\$0 ⁽⁵⁾	85,000		D	

Explanation of Responses:

- 1. Pursuant to the Agreement and Plan of Merger, dated as of August 8, 2016, among FORM Holdings Corp., FHXMS, LLC, XpresSpa Holdings LLC ("XpresSpa"), Mistral XH Representative, LLC, as Unitholders' Representative, and certain XpresSpa unitholders, as amended (the "Merger Agreement"), as of the date of this filing, 283,802 shares of Series D Convertible Preferred Stock have been deposited into various escrow accounts for a period of 18 months, or such other term related to specific escrows, to cover certain indemnification claims that may be made pursuant to the Merger Agreement. For the purposes of this filing, the Reporting Person has assumed that all shares held in escrow are released to the former holders of XpresSpa (and such shares, to the extent allocable to the Reporting Person pursuant to the Merger Agreement, have been included in his beneficial ownership for purposes of this filing).
- 2. 258,712 shares of common stock were acquired in connection with the closing of the merger that was completed on December 23, 2016, which shares havebeen issued but not yet delivered. 84,243 shares of common stock were purchased in a private placement at a purchase price of \$2.31 per share.
- 3. The Series D Convertible Preferred Stock matures seven years after the date of issuance and the Issuer will pay the holders in cash, shares of common stock, or any combination thereof.
- 4. These options to purchase shares of common stock of the Issuer vest in equal quarterly installments over a one-year period, with one-fourth vesting on the date of grant and one-fourth vesting at the end of each fiscal quarter thereafter
- 5. These securities were issued as part of the Issuer's annual equity compensation to non-employee directors.
- 6. These securities are held by Rockmore Investment Master Fund Ltd., an investment entity controlled by Bruce T. Bernstein.

<u>/s/ Bruce Bernstein</u> <u>01/20/2017</u>

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.